



	Autumn1	Autumn2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Movement	Throwing/catching	Gymnastics	Ball Games	Hitting Games	Running, jumping, throwing with implement Athletics
Year 1	Space awareness Games	Dance		With and without implement		
Year 2	Spaces awareness Games	Dance	Gymnastics	Ball Games With and without implement	Hitting Games	Athletics
Year 3	Team Building Bench ball	Ball games: Bench ball. Ball handling games involving hitting and scoring.	Gymnastics	Ball handling games involving catching, throwing, and shooting. & Dance	Athletics & Dance	Football and Rounders
Year 4	Team Building Bench ball	Ball games. Introduction to Colpbol.	Gymnastics	Introduction to basketball & Sipping	Athletics & Dance	Badminton and Rounders
Year 5	Team Building Dodgeball	Colpbol and intro to volleyball 1	Gymnastics & Dance	Basketball.	Athletics & Badminton	Football and rounders
Year 6	Team Building Dodgeball	Colpbol and intro. To volleyball 2	Gymnastics & Dance	Basketball.	Athletics & Badminton	Football and rounders