Menu

CELEBRATING 25 YEARS ACCENT CATERING 2001 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Mains Happy Tums	Macaroni and Cheese with Beef Bolognaise **(G,Mk)**	Margherita Focaccia Pizza Slice **(G,Mk)**	Sticky Jerk Chicken with Jerk Gravy	Cottage Pie Served with Gravy **(Mk)**	Breaded Pollock Fillets **(F)**
Veggie Meat Free Mains	Classic Macaroni and Cheese **(G,Mk)**	Margherita Focaccia Pizza Slice **(G,Mk)**	Jerk Vegetables with Jerk Gravy	Vegan Mince and Vegetable Cottage Pie Served with Gravy **(Mk,So)**	Sweetcorn Pancake with Salsa **(G,E,Mk)**
Veg Extra Good	Baby Carrots Roast Courgettes	Roasted Corn Garden Salad	Carrots Roast Cauliflower	Green Beans Cabbage	Peas
Carbs Fuel Food	Garlic and Rosemary Bread **(G)**	Potato Wedges	50/50 Rice and Peas	Parsnip and Potato Mash **(Mk)**	Skin on Chips
Dessert Something Sweet	Golden Syrup Sponge and Custard **(G,E,Mk)**	Fresh Fruit	Fruit Jelly	Chocolate and Orange Marble Cake **(G,E,Mk)**	Natural Yoghurt Or Fruit **(Mk,So)**

Fresh Bread and Fruit Served Daily. Due to circumstances we sometimes need to change the menus

Autumn

Rooting for Our Planet

From root to tip, we're using every part of our root vegetables in Captain Earth's recipes, to make them good for you and the planet.

Look for this logo to find Captain Earth's tasty dishes!

Week 1
02/11/26, 23/11/26
14/12/26

Allergens

Please note the allergens shown within these menus are subject to change.

Ce = Celery
Cr = Crustacean
E = Eggs
F = Fish
G = Cereals containing Gluten
L = Lupin
Mk = Milk
Mo = Molluscs
Mu = Mustard
N = Nuts
P = Peanuts
Se = Sesame Seeds
So = Soya
Su = Sulphur Dioxide

Menu

CELEBRATING 25 YEARS ACCENT CATERING (2001 – 2026)

	Monday	Tuesday	Wednesday	Thursday	Friday
Mains Happy Tums	Classic Beef Bolognaise	Beef Burger in a Bun **(G,So) M/C Se**	Chicken and Sweetcorn Pie **(G,Mk)**	Baked Gammon with Gravy	Fish Fingers **(G,F)**
Veggie Meat Free Mains	Vegan Mince Bolognaise **(So)**	Cheesy Baked Quinoa and Broccoli Bites **(G,E,Mk)**	Vegetable Casserole With Puff Pastry **(G)**	Spanish Frittata with Potato, Onion & Spinach **(E,Mk)**	Vegetable Fingers **(G)**
Veg Extra Good	Mixed Vegetables	Sweet Corn Roast Courgettes	Green Beans Sweetcorn	Broccoli Baby Carrots	Peas
Carbs Fuel Food	50/50 Whole Wheat Fusilli **(G)** Garlic Bread **(G)**	Jackey Wedges	Savoury 50/50 Rice	Roast New Potatoes	Skin on Chips
Dessert Something Sweet	Hot Chocolate Sponge with Chocolate Custard **(G,E,Mk)**	Fresh Fruit	Jamaican Ginger Cake with Orange Frosting **(G,E,Mk)**	Fruit Jelly	Natural Yoghurt Or Fruit **(Mk,So)**

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Autumn

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Week 2
09/11/26, 30/11/26

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Menu

CELEBRATING 25 YEARS ACCENT CATERING (2001 – 2026)

	Monday	Tuesday	Wednesday	Thursday	Friday
Mains Happy Tums	Margherita Focaccia Pizza Slice **(G,Mk)**	Roasted Sausage with Onion Gravy **(G,Su)**	Roast Chicken Pieces with Gravy	Beef Meatballs in a Tomato Sauce **(G)**	Battered Pollock Fillets **(G,F)**
Veggie Meat Free Mains	Margherita Focaccia Pizza Slice **(G,Mk)**	Vegetable Sausage with Onion Gravy **(G)**	Root Vegetable and Bean Crumble with Gravy **(G,Mk)**	Vegan Meatballs in a Tomato sauce **(So)**	Potato, Cheese & Onion Pasty **(G,E,Mk)**
Veg Extra Good	Garden Salad with Grated Carrot	Sweet Corn Roast Courgettes	Carrots Broccoli	Green Beans Cauliflower	Peas
Carbs Fuel Food	Seasoned Jacket Wedges	Creamy Mashed Potatoes **(Mk)**	Roast New Potatoes	50/50 Fusilli **(G)**	Skin on Chips
Dessert Something Sweet	Fresh Fruit	Beetroot Chocolate Brownie **(G,E)**	Fruit Jelly	Sticky Toffee with Hot Fudge Sauce **(G,E,Mk,Su)**	Natural Yoghurt Or Fruit **(Mk,So)**

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Autumn

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Week 3

16/11/26, 07/12/26

Allergens

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Mk = Milk
Mo = Molluscs
Mu = Mustard
N = Nuts
P = Peanuts
Se = Sesame Seeds
So = Soya
Su = Sulphur Dioxide