

Week 1 Spring Menu



8th Jan, 29th Jan, 26th Feb, 18th Mar,
22nd Apr, 13th May, 10th Jun

Mon

Tue

Wed

Thu

Fri



£2.70

MAINS

Fresh Flavours

Spaghetti Bolognaise
with Mixed Leaves
and Garlic Bread (G)

Vegan Bolognaise
with Mixed Leaves
and Garlic Bread
(G,So)

Chicken and Sweetcorn
Puff Pastry Pie with
Cauliflower, Green
Beans and New
Potatoes (G,E,Mk)

Creamy Vegetable Pot
Pie with Cauliflower,
Green Beans and New
Potatoes (G,E,Mk)

Baked Gammon with
Gravy, Steamed
Cabbage, Carrots and
Roast Potatoes

Gnocchi with a
Ratatouille Sauce
(G)
Cabbage and Carrots

Honey & BBQ Glazed
Chicken with
Sweetcorn, Broccoli
and Savoury Rice

Honey & BBQ Glazed
Roasted Vegetables
with Broccoli,
Sweetcorn and
Savoury Rice

Fish & Chip Shop

Battered Fish Fillet
with
Chips and Peas
(G,F)

Cheese, Tomato and
Red Onion Quiche
(G,E,Mk)

Fish Dog
(G,F)

£2.30

GLOBAL EATS

MONDAY

BBQ Sticky Chicken Drumsticks with
Lyonnaise Potatoes

TUESDAY

Chilli Beef with Rice, Nachos and Salsa (G)

WEDNESDAY

Sweet and sticky Chicken Burrito
with Wedges (G)

THURSDAY

Lamb Kofta Wrap with Tzatziki
and Salad (G,So,Mk,E)

FRIDAY

Jumbo Hot Dog
& Mustard (G,Ce,So,Mk,Mu)

£2.30

PASTA & PIZZA

Served Mon- Thurs

Freshly
Cooked Pasta
and
Pizza's Daily
(G,Mk)

£1.10

DESSERT

MONDAY

Cinnamon Spiced Pear and Apple Crumble
with Custard (G,Mk)

TUESDAY

Vegetarian Jelly

WEDNESDAY

Orange Marmalade Steamed Sponge with
Custard (G,Mk,E)

THURSDAY

Chocolate Marble Cake
(G,E,Mk)

FRIDAY

Sticky Toffee Pudding with Hot Fudge
(G,Su,Mk,E)

deliciously good food.

At the heart of everything we do is our
love of good, fresh and healthy food,
prepared by a team who cares!

every week!

Look out for our

★ Theme Bars ★

JACKET POTATOES
WITH ALL THE BEST TOPPINGS!



SALAD BAR

Fresh every day packed
with tasty choices!

MEAL DEAL

Check out what's on offer today!

Available for Free School Meals

ALLERGENS

we're allergy aware!

Ce = Celery
Cr = Crustacean
E = Eggs
F = Fish
G = Cereals
L = Lupin
Mk = Milk

Mo = Molluscs
Mu = Mustard
N = Nuts
P = Peanuts
Se = Sesame Seeds
So = Soya
Su = Sulphur Dioxide

Speak to one of our chefs if you have any allergies.

Week 2 Spring Menu



15th Jan, 5th Feb, 4th Mar, 25th Mar,
29th Apr, 20th May, 17th Jun

Mon

Tue

Wed

Thu

Fri

★ **Masala Days** ★

★ **Pizza** ★

★ **Fish & Chip Shop** ★



£2.70

MAINS

Fresh Flavours

Chicken Balti with
Baby Carrots,
Cauliflower and
Turmeric Rice

Cottage Pie with
Crunchy Sweet Potato
Mash, Sweet Corn and
Green Beans
(Mk)

Gammon Macaroni
Cheese
with Steamed
Cabbage, Carrots and
Garlic Bread
(G,Mk)

Meat Fest Pizza
With Chef's Salad and
Jacket Wedges
(G,Mk)

Battered Fish Fillet
(G,Mk,F)

Spanish Omelette
(E)

Hot Dog
(G,Mk,Ce,So)

Fish Finger Dogs
(G,F)

Chips and Peas

Quorn and Vegetable
Curry with Baby
Carrots, Cauliflower
and Turmeric Rice
(E)

Veggie Cottage Pie
with Crunchy Sweet
Potato Mash, Sweet
Corn and Green Beans
(G,Mk,So)

Macaroni Cheese
with Steamed
Cabbage and Carrots
(G,Mk)

Margherita Pizza
With Chef's Salad and
Jacket Wedges
(G,Mk)

£2.30

GLOBAL EATS

MONDAY

Beef Burrito with Rice and Salsa (G)

TUESDAY

Chicken Chow Mein with Egg Noodles
(G,E,So)

WEDNESDAY

Sticky Chicken Wings with Lyonnaise
Potatoes

THURSDAY

African Jollof Rice with Chicken

FRIDAY

¼ Pound Burger
and Ketchup (G,Su,So)

£2.30

PASTA & PIZZA

Served Mon- Thurs

Freshly
Cooked Pasta
and
Pizza's Daily
(G,Mk)

£1.10

DESSERT

MONDAY

Chocolate Chip Brownie (G,Mk,E,So)

TUESDAY

Lemony Sponge with Custard (G,E,Mk)

WEDNESDAY

Vegetarian Jelly

THURSDAY

Strawberry Ice cream (Mk)

FRIDAY

Treacle Sponge with Custard
(G,Mk,E)

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Week 3 Spring Menu



22nd Jan, 19th Feb, 11th Mar, 15th Apr, 7th May, 3rd Jun, 24th Jun

Mon

Tue

Wed

Thu

Fri



£2.70

MAINS

Fresh Flavours

Lemon Chicken Stir Fry with Rice

Sweet and Sour Vegetable Stir Fry with Rice

Sausage & Mash

Butchers' Sausages (G,Su)
Veggie Sausages (G)

Creamy Mash (Mk)

Classic Gravy

Carrots and Green Beans

Classic Lasagne with Broccoli, Cauliflower and Garlic and Rosemary Bread (G,Mk)

Mediterranean Vegetable Lasagne with Broccoli, Cauliflower and Garlic and Rosemary Bread (G,Mk)

Burgers

¼ Pound Beef Burger with Salad and Wedges (G,Su)

Vegetarian Burger with Salad and Wedges (G)

Fish & Chip Shop

Battered Fish Fillet (G,Mk,F)

Cheese and Onion Pattie (G,E,Mk)

Hot Dog (G,Mk,Ce,So)

Fish Finger Dogs (G,F,So)

Chips and Garden Peas

£2.30

GLOBAL EATS

MONDAY

Beef Meatballs with Coriander Rice (G,Mk,E)

TUESDAY

Stir Fry Noodles with Chicken Teriyaki (G,So,E)

WEDNESDAY

Spicy Chicken Burrito with Rice and Salsa (G)

THURSDAY

BBQ Pulled Pork Bun (G)

FRIDAY

Chicken Burger (G,E,Mk)

£2.30

PASTA & PIZZA

Served Mon- Thurs

Freshly Cooked Pasta and Pizza's Daily (G,Mk)

£1.10

DESSERT

MONDAY

Chocolate Sponge with Chocolate custard (G,Mk,E)

TUESDAY

Flapjacks(G)

WEDNESDAY

Vegetarian Jelly

THURSDAY

Lemon Blondie (G,Mk,E)

FRIDAY

Chocolate Chip Cookie (G,E,Mk,So)

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