



Menu

Week 1



THE FRESH LITTLE ALLOTMENT
SEASONALLY FRESH, PERFECTLY PICKED

Monday Tuesday Wednesday Thursday Friday

Mains

HAPPY TUMS

Classic Beef Bolognese	Margherita Pizza (G,Mk)	BBQ Chicken Pieces	Pork Sausage with Gravy (G,Su)	Fish Fingers (G,F)
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Veggie

MEAT FREE

Vegan Mince Cottage Pie (Mk,G,So)	Margherita Pizza (G,Mk)	Summer Vegetable Risotto (Mk)	Gnocchi with a Ratatouille & Basil Sauce (G,Su)	Vegetable Fingers (G)
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veg

EXTRA GOOD

Garden Peas	Garden Salad	Broccoli	Sweetcorn	Peas
Cauliflower		Carrots	Green Beans	

carbs

FUEL FOOD

50/50 Fusilli Pasta (G)	Jacket Wedges	50/50 Rice	Mashed Potatoes (Mk)	Chips
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Dessert

SOMETHING SWEET

Fresh Fruit	Beetroot & Chocolate Brownie (G,E)	Fruit Jelly	Strawberry Ice Cream (Mk)	Fruit or Yogurt (Mk)
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Fresh Fruit available daily

APRIL NEW POTATOES

MAY BASIL

JUNE BEETROOT

JULY MINT

Look for this logo on the menu to try a yummy seasonal special!

Dates

13/04/26,
04,05/26

Allergens: Please note the allergens shown within these menus are subject to change.

Ce = Celery	F = Fish	L = Lupin	Mu = Mustard	Se = Sesame Seeds
Cr = Crustacean	G = Cereals containing Gluten	Mk = Milk	N = Nuts	So = Soya
E = Eggs		Mo = Molluscs	P = Peanuts	Su = Sulphur Dioxide



Menu

Week 2



THE FRESH LITTLE ALLOTMENT

SEASONALLY FRESH, PERFECTLY PICKED

**APRIL
NEW
POTATOES**

**MAY
BASIL**

**JUNE
BEETROOT**

**JULY
MINT**

Look for this logo on the menu to try a yummy seasonal special!

Monday

Tuesday

Wednesday

Thursday

Friday

Mains
HAPPY TUMS

Chicken Meatballs
in a
Tomato & Basil
Sauce



Sausage Dog
(G,Su) M/C Se

Beef Lasagne
(G, Mk)

Margherita Pizza
(G,Mk)

Battered Fish
(G,F)

Veggie
MEAT FREE

Plant Balls
in a
Tomato & Basil
Sauce
(So)



Veggie Sausage
Dog
(G) M/C Se

Sweet Potato, Pea
and Cheese
Quesadilla
(G,Mk)

Margherita Pizza
(G,Mk)

Roasted Red
Pepper, Courgette
& Cheese Quiche
(G,E,Mk)

veg
EXTRA GOOD

Roast Courgettes

Broccoli

Cauliflower

Garden salad
with
Sweetcorn

Peas

Sweetcorn

Carrots

Green Beans

carbs
FUEL FOOD

50/50
Steamed Rice

Roast New
Potatoes



Garlic Bread
(G)

Jacket Wedges

Chips

Dessert
SOMETHING SWEET

Fresh Fruit

Lemon Blondie
(G,E)

Fruit Jelly

Iced Sponge Cake
(G,E,Mk)

Fresh Fruit
Or
Yogurt (Mk)

Fresh Fruit available daily

Dates

20/04/26,
11/05/26

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Ce = Celery

F = Fish

L = Lupin

Mu = Mustard

Se = Sesame Seeds

Cr = Crustacean

G = Cereals

Mk = Milk

N = Nuts

So = Soya

E = Eggs

containing Gluten

Mo = Molluscs

P = Peanuts

Su = Sulphur Dioxide

Menu

Week 3



**THE FRESH LITTLE
ALLOTMENT**

SEASONALLY FRESH, PERFECTLY PICKED

**APRIL
NEW
POTATOES**

**MAY
BASIL**

**JUNE
BEETROOT**

**JULY
MINT**

Look for this logo on
the menu to try a
yummy seasonal special!

Monday

Tuesday

Wednesday

Thursday

Friday

Mains
HAPPY TUMS

Gratin Chicken
with Spinach and
Tomato
(G,Mk)

Beef Burger
In a Bun
(G,So)
MC (Se)

Roast Chicken
Yorkshire Pudding
and Gravy
(G,E,Mk)

Mild Chilli Beef
MC (G)

Fish Fingers
(G,F)

Veggie
MEAT FREE

Roast Vegetables
& Cannelli Beans
in Tomato Sauce

Macaroni and
Cheese
(G,Mk)

Lentil And
Vegetable Pastie
with Gravy
(G)

Vegan Chilli
(G,So)

Spanish
Potato, Onion &
Spinach Frittata
(E,Mk)

veg
EXTRA GOOD

Green Beans
Cauliflower

Garden Salad

Carrots
Broccoli


Sweetcorn
Courgettes

Peas

carbs
FUEL FOOD

Wholemeal Penne
(G)

Jacket wedges

Roast New
Potato 

50/50
Steamed Rice

Chips

Dessert
SOMETHING SWEET

Fresh Fruit

Double Chocolate
Traybake
(G,E,Mk,So)

Fruit Jelly

Lemon Drizzle Cake
(G,E)

Fresh Fruit
Or
Yogurt (Mk)

Fresh Fruit available daily

Dates

27/04/26, 18/05/26

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Ce = Celery

F = Fish

L = Lupin

Mu = Mustard

Se = Sesame Seeds

Cr = Crustacean

G = Cereals

Mk = Milk

N = Nuts

So = Soya

E = Eggs

containing Gluten

Mo = Molluscs

P = Peanuts

Su = Sulphur Dioxide