



Internet Safety

How to stay safe online



What are your fears?

- Virus/hacking



- Seeing something scary/gross



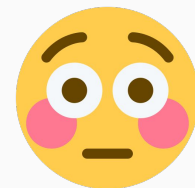
- Someone being nasty to you





What are other worries?

- People pretend to be someone else
- People pretend to be you
- A stranger finds out where you live and who you are
- Someone posts an embarrassing picture of you and shares it with lots and lots of people.
- You post something silly, and everyone shares it



So, what
can you
do to stay
safe?

BE SMART ONLINE

Childnet
International

ESUK

S

SAFE

Keep your personal information safe. When chatting or posting online don't give away things like your full name, password or home address. Remember personal information can be seen in images and videos you share too. Keep them safe to keep yourself safe.



M

MEET

Meeting up with someone you only know online, even a friend of a friend, can be dangerous as this person is still a stranger. If someone you only know online ever asks you to meet up, for personal information or for photos/videos of you then tell an adult straight away and report them together on www.thinkuknow.co.uk

THINK
UK
KNOW

A

ACCEPTING

Think carefully before you click on or open something online (e.g. links, adverts, friend requests, photos) as you never know where they may lead to or they may contain viruses. Do not accept something if you are unsure of who the person is or what they've sent you.



R

RELIABLE

You cannot trust everything you see online as some things can be out of date, inaccurate or not entirely true. To find reliable information compare at least three different websites, check in books and talk to someone about what you have found.



T

TELL

Tell a trusted adult if something or someone ever makes you feel upset, worried or confused. This could be if you or someone you know is being bullied online. There are lots of people who will be able to help you like your teachers, parents, carers or contact Childline – 0800 11 11 or www.childline.org.uk



BE SMART WITH A HEART

Remember to always be smart with a heart by being kind and respectful to others online. Make the internet a better place by helping your friends if they are worried or upset by anything that happens online.



STAY SAFE



- Check your settings with your parents, make sure your computer is safe with a virusscanner, your settings are right for your age
- Don't share personal information. Use a fake name and an avatar instead of a real photo. Don't tell anyone in which village you live, or where you go to school.
- If you want to meet up with an online friend - bring an adult and meet in a public space.
- If you feel something is not right - leave your computer and ask an adult to come and have a look.



Bullying

If someone says something nasty to you:

- DO NOT REPLY
- Tell an adult
- Report - find out how to block and report in your games/activities

And YOU? Before you post anything -
THINK!



BEFORE YOU POST...

THINK!

T - is it true?

H - is it hurtful?

I - is it illegal?

N - is it necessary?

K - is it kind?

