



WEEK 1 | MENU



MON

TUES

WED

THU

FRI

MAIN MEAL

Italian beef bolognaise with penne (E,G)

Macaroni cheese with baked gammon and a crispy topping (So,Mk,E,G)

Roast Norfolk turkey with gravy (none)

Cajun chicken in a peri peri sauce (none)

Battered Pollock fillet (F,G)

VEGETARIAN

Penne pasta with tomato sauce (E,G) 

Macaroni cheese with a crispy topping (So,Mk,E,G)

Chinese noodles with sweet and sour stir fried vegetables (E,G)

Baked gnocchi in a tomato and pepper sauce (Mk,E,G)

Roasted pepper, onion and cheddar wholemeal quiche (Mk,E,G)

VEGGIES

Buttered sweetcorn (Mk) ... Leeks

Coleslaw (E) ... Steamed green beans

Fluffy roasted potatoes ... Steamed cabbage ... Diced swede

Steamed rice ... Courgettes ... Carrots

Chips ... Garden peas

PUDDING

Steamed jam sponge with custard (Mk,E,G)

Chocolate brownie with cream (Mk,G)

Berry cheesecake (G,Mk)

Chocolate and vanilla marble cake (Mk,E,G)

Traditional oven baked rice pudding (Mk)



CHINESE DAY 23RD JANUARY



PANCAKE DAY 13TH FEBRUARY



WORLD BOOK DAY 5TH MARCH



ST. GEORGE'S DAY 23RD APRIL



LOOK OUT FOR THIS ICON ON OUR MENUS FOR A BETTER CHOICE FOR YOU!

★ ALLERGENS ★

Cc = Celery F = Fish L = Lupin Mu = Mustard Sc = Sesame Seeds
Cr = Crustacean G = Cereals containing Gluten Mk = Milk N = Nuts So = Soya
E = Eggs Mo = Molluscs P = Peanuts Su = Sulphur Dioxide

Week 1 commencing:
6 January, 27 January,
24 February, 16 March



WEEK 2 | MENU



MON

TUES

WED

THU

FRI

MAIN MEAL

Mild Rogan Josh chicken curry mango chutney (none)

Farm assured pork sausages with gravy (Su,G)

Roast beef with Yorkshire pudding and roast gravy (Mk,E,G)

Cheese and tomato Margarita pizza (Mk,E,G)

MSC cod baked fish fingers (G,F)

VEGETARIAN

Mild Quorn Rogan Josh (E)



Vegetarian sausage with vegetable gravy (So,G)

Spanish frittata with onion, spinach and cheddar (Mk,E)

Cheese and tomato Margarita pizza (Mk,E,G)

Spanakopita (Mk,G,E)

VEGGIES

Turmeric rice ...
Buttered swede (Mk)
...
Roasted cauliflower

Creamy mashed potato (Mk)
...
Garden Peas
...
Carrots

Fluffy roasted potatoes
...
Leeks
...
Green beans

Chef's salad

Chips
...
Garden peas
...
New potatoes

PUDDING

Autumn fruit crumble with custard (Mk,G)

Pear and chocolate sponge with chocolate sauce (Mk,E,G)

Lemon blondie (G,E,Mk)

Golden syrup sponge and custard (Mk,E,G)

Warm sultana flapjack (Mk,G)



CHINESE DAY
23RD JANUARY



PANCAKE DAY
13TH FEBRUARY



WORLD BOOK DAY
5TH MARCH



ST. GEORGE'S DAY
23RD APRIL



LOOK OUT FOR THIS ICON ON OUR MENUS FOR A BETTER CHOICE FOR YOU!

★ ALLERGENS ★

Cc = Celery F = Fish L = Lupin Mu = Mustard Sc = Sesame Seeds
Cr = Crustacean G = Cereals containing Gluten N = Nuts So = Soya
E = Eggs Mo = Molluscs P = Peanuts Su = Sulphur Dioxide

Week 2 commencing:
13 January, 3 February,
2 March, 23 March



WEEK 3 | MENU



MON

TUES

WED

THU

FRI

MAIN MEAL

Mexican beef chilli con carne (none)

Creamy chicken and sweetcorn pie with puff pastry (Mk,G)

Roast Herefordshire pork with gravy (none)

Farm assured Italian beef lasagne (Mk,G)

Salmon fishcake (Mk,F,G)

VEGETARIAN

Roasted vegetable filo tart (Mk,E,G)

Butternut squash and goat's cheese risotto (Mk,G)

Quorn and vegetables in a sweet chilli sauce with rice (E) 

Vegetarian lasagne (Mk,G)

Veggie burger with relish and sauces (G)

VEGGIES

Steamed rice
...
Steamed broccoli
...
Coleslaw

Steamed new potatoes
...
Buttered swede
...
Green beans

Fluffy roasted potatoes
...
Steamed carrots
.....
Sliced leeks

Garlic and rosemary ciabatta bread (G)
...
Cauliflower
...
Mixed tossed salad

Chips
...
Garden peas

PUDDING

Spiced Bramley apple crumble with custard (Mk,G)

Sticky toffee pudding with toffee sauce (Su,Mk,E,G)

Lemon meringue pie (Su,Mk,E,G)

Chocolate sponge with chocolate custard (Mk,E,G)

Pineapple upside down cake (Su,Mk,E,G)



CHINESE DAY
23RD JANUARY



PANCAKE DAY
13TH FEBRUARY



WORLD BOOK DAY
5TH MARCH



ST. GEORGE'S DAY
23RD APRIL



LOOK OUT FOR THIS ICON ON OUR MENUS FOR A BETTER CHOICE FOR YOU!

★ ALLERGENS ★

Cc = Celery F = Fish L = Lupin Mu = Mustard Sc = Sesame Seeds
Cr = Crustacean G = Cereals containing Gluten Mk = Milk N = Nuts So = Soya
E = Eggs Mo = Molluscs P = Peanuts Su = Sulphur Dioxide

Week 3 commencing:
20 January, 10 February,
9 March, 30 March