



# A TASTE OF GREAT | MENU



WEEK 1

MON

TUES

WED

THU

FRI



Soup

Cream of leek and potato (Mk)

Indian spiced lentil (none)

Tomato and basil (none)

French onion (none)

Carrot and coriander (none)



THE MAIN EVENT

Mild Caribbean chicken curry with coconut and pineapple served with steamed rice (none)

Farm assured pork sausages with gravy, creamy mash, peas and swede (Su,G,Mk)

Roast Norfolk turkey breast served with roast potatoes, summer cabbage and carrots

Traditional Italian beef lasagne (G,Mk) served with Chef's summer salad

Battered pollock fillet with tartare sauce and lemon (F,G,Mu,Mk,E) served with chips and peas



Edgy Veg

Macaroni cheese with a crunchy topping (So,Mk,E,G) served with a summer salad

New York Quorn dog with relish and ketchup and spicy wedges, peas and swede (G,E,Mk)

Mild vegetable chilli con carne with sour cream served with steamed rice (Mu,Mk,E,Ce)

Roasted Mediterranean vegetable and potato filo pie with cous cous (Su,Mk,G)

Spicy red pepper and courgette quesadilla with sour cream (Mu,Mk,G) served with chips and peas



GLOBAL Eats

Mexican baked chilli beef Chimichangas with sour cream and salsa (Mk,G)

Japanese teriyaki glazed chicken drumsticks with pineapple rice and pickled cucumber (So,Se,G)

Chinese five spiced pork egg fried rice and peas (So,E,G)

Jumbo hot dog (G,Su)



PERFECT PUDDINGS

Bramley apple crumble with vanilla custard (Mk,G)

Raspberry ripple ice cream (Mk)

Lemon and lime sponge (G,E,Mk)

Strawberry cheesecake (Mk,G)

Chocolate mousse pudding with chocolate soil (Mk,So)

MEAL DEAL! Main meal, sweet treat and a drink £3.09

LOOK OUT FOR OUR RECIPE of the month!

LOOK OUT FOR... Jacket & salad bar also available

WHAT'S ON



22<sup>ND</sup> MAY

NATIONAL BISCUIT DAY

YORKSHIRE & THE HUMBER

28<sup>TH</sup> JUN

NATIONAL CREAM TEA DAY

NORTH EAST

08<sup>TH</sup> JUL

WORLD CHOCOLATE DAY

MIDLANDS

## ALLERGENS

Ce = Celery  
Cr = Crustacean  
E = Eggs  
F = Fish  
G = Cereals containing Gluten

L = Lupin  
Mk = Milk  
Mo = Molluscs  
Mu = Mustard  
N = Nuts  
P = Peanuts

Se = Sesame Seeds  
So = Soya  
Su = Sulphur Dioxide

LOOK OUT FOR THIS ICON ON OUR MENUS FOR A BETTER CHOICE FOR YOU!





# A TASTE OF GREAT | MENU



WEEK 2

MON

TUES

WED

THU

FRI



	MON	TUES	WED	THU	FRI
<b>Soup</b>	Chicken noodle (E,G)	Broccoli and stilton (Mk)	Pea and mint (none)	Summer vegetable (none)	Cream of tomato (Mk)
<b>THE MAIN EVENT</b>	Spaghetti bolognese with garlic and rosemary ciabatta and tossed salad (G)	Beef burger with cheese, lettuce and tomato ketchup, potato wedges and coleslaw (Su,Mk,G,Ce,E,Mu)	Baked English gammon with gravy, roast potatoes, peas and carrots	Turkey and sweetcorn pie with new potatoes and a medley of vegetables (Mk,G)	Jumbo fish finger with tartare sauce served with chips and peas (F,Mu,Mk,E,G)
<b>Edgy Veg</b>	Creamy vegetable pie with salad (Mk)	Spicy bean and chickpea burger, salad, mayonnaise coleslaw and potato wedges (G,E,Mu,Mk)	Cajun vegetable Jambalaya with roasted pineapple (Mu)	Pepper, courgette, mushroom and halloumi kebab with spicy tomato sauce served with a mixed salad (Mk,G)	Wholegrain penne pasta with a rich tomato and fresh basil sauce with sweetcorn (G)
<b>GLOBAL Eats</b>	Spanish chicken and prawn paella with garlic croutons (G,Cr,Mk,So)	Chinese aromatic soy pork with egg noodles (So,G,E)		Indonesian bang bang chicken with coriander rice and sweet chilli sauce (none)	Cajun spiced chicken burger with tomato salsa (Mu,G)
<b>PERFECT PUDDINGS</b>	Apricot and sultana oaty flapjack (Su,G,Mk)	Banana tea bread (G,E,Mk)	Jam tart and creamy custard (G,Mk,E)	Trifle (Mk,E,G)	Chocolate and raspberry brownie (So,Mk,E,G)

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# A TASTE OF GREAT | MENU



WEEK 3

MON

TUES

WED

THU

FRI



Watercress and potato (none)

Butternut squash and bean (none)

Cream of broccoli (Mk)

Cream of mushroom and tarragon (Mk)

Chunky country vegetable (none)

Sticky bbq chicken with honey (Su,So,G,Ce)

Fresh Italian dough pizza topped with mozzarella and tomato (G,Mk)  
Served with coleslaw (E,Mu,Mk)

Roast beef with Yorkshire pudding and gravy (Mk,E,G)

Mild tandoori spiced chicken with yoghurt and cucumber, Indian flatbread and mixed summer salad (G,Mk,Ce)

Breaded salmon fish cake with tartare sauce served with chips and peas (G,F,E,Mk,Mu)

Mediterranean vegetable frittata (E,Mk)

Fresh Italian dough pizza topped with mozzarella and tomato (G,Mk)  
served with coleslaw (E,Mu,Mk)

Italian potato gnocchi with a vegetable ratatouille sauce (G,Mk)

Summer vegetable risotto (Mk,E)

Thai red vegetable curry with lime and coriander rice (G,So,F)

Chinese sweet and sour pork served with special fried rice (E,So)

Venezuelan Arepas with spicy chicken and salsa (E,Mk,Mu,Su)

Spicy lamb skewers with Greek brown rice and tzatziki (Mk)

Gourmet beef ¼ pound burger with salad and tomato (G,Ce,Su)

Pancake bar (Mk,E,G)

Vanilla sponge with chocolate icing (G,E,Mk)

Sticky toffee pudding with vanilla custard (G,E,Mk)

Eton mess (E,Mk)

Double chocolate sponge with custard (G,E,Mk)

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