

2 DINE 4 Ltd

EUROPEAN & EUROPA SCHOOL MENU SUMMER TERM 2017

MENU 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Chicken Tagine	Toad in the Hole	Lasagne	Roast Turkey	Jumbo Fish Fingers
VEGETARIAN COURSE	Squash & Swede Tagine	Vegetarian Toad in the Hole	Vegetable Lasagne	Lentil Loaf	Vegetable Nuggets
VEGETABLES	Rice Peas	New Potatoes Green Beans	Garlic Bread Green Salad	Roast Potatoes Peas and Carrots	Chips Baked Beans or Green Salad
DESSERT	Apple Crumble and Custard	Sticky Toffee Pudding and Custard	Fruit Salad in Natural Juice or Yogurt	Jam & Coconut Sponge and Custard	Carrot Cake
YOGHURT AND FRESH FRUIT SERVED DAILY					

WHERE SPICY DISHES APPEAR, ALTERNATIVES WILL BE OFFERED TO YOUNGER STUDENTS

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MENU 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Pork Meatballs in Tomato Sauce	Very, Very, Mild Chilli (Hotter for Secondary)	Macaroni Cheese with Ham	Roast Turkey	Battered Pollock
VEGETARIAN COURSE	Tortellini in Tomato Sauce	Bean Casserole	Macaroni Cheese	Courgette Bake	Cheese Omelette
VEGETABLES	Penne Pasta Sweetcorn	Rice Green Salad	Peas	Roast Potatoes Peas and Carrots	Chips Baked Beans or Green Salad
DESSERT	Apple Crumble and Custard	Chocolate Sponge and Chocolate Sauce	Fruit Salad in Natural Juice or Yogurt	Lemon Sponge and Custard	Fruit, Yogurt and Granola
YOGHURT AND FRESH FRUIT SERVED DAILY					

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MENU 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Bolognese	Ham Pizza or *Chicken Wraps *Europa Yrs 5 & 6 & Secondary only	Chicken Korma	Roast Pork	Sausage
VEGETARIAN COURSE	Quorn Bolognese	Vegetarian Pizza	Vegetable Korma	Vegetable Casserole	Vegetarian Sausage
VEGETABLES	Spaghetti Peas	Cucumber, Sweetcorn and Grated Carrot	Rice Naan Bread	Roast Potatoes Peas and Carrots	Sauté Potatoes Baked Beans or Green Salad
DESSERT	Apple Crumble and Custard	Syrup Sponge and Custard	Fruit Salad in Natural Juice or Yogurt	Eve's Pudding and Custard	Fruit Jelly or Flapjack
YOGHURT AND FRESH FRUIT SERVED DAILY					

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