

# 2 DINE 4 Ltd

## EUROPEAN & EUROPA SCHOOL MENU SPRING TERM 2017

| MENU 1                                      | MONDAY                    | TUESDAY                           | WEDNESDAY                              | THURSDAY                         | FRIDAY                           |
|---|---------------------------|-----------------------------------|--|----------------------------------|----------------------------------|
| <b>MAIN COURSE</b>                          | Chicken Tagine            | Toad in the Hole                  | Lasagne                                | Roast Turkey                     | Jumbo Fish Fingers               |
| <b>VEGETARIAN COURSE</b>                    | Squash & Swede Tagine     | Vegetarian Toad in the Hole       | Vegetable Lasagne                      | Lentil Loaf                      | Vegetable Nuggets                |
| <b>VEGETABLES</b>                           | Rice Peas                 | New Potatoes Green Beans          | Garlic Bread Green Salad               | Roast Potatoes Peas and Carrots  | Chips Baked Beans or Green Salad |
| <b>DESSERT</b>                              | Apple Crumble and Custard | Sticky Toffee Pudding and Custard | Fruit Salad in Natural Juice or Yogurt | Jam & Coconut Sponge and Custard | Carrot Cake                      |
| <b>YOGHURT AND FRESH FRUIT SERVED DAILY</b> |                           |                                   |  |                                  |                                  |

WHERE SPICY DISHES APPEAR, ALTERNATIVES WILL BE OFFERED TO YOUNGER STUDENTS

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## EUROPEAN & EUROPA SCHOOL MENU SPRING TERM 2017

| MENU 2                                      | MONDAY                         | TUESDAY  | WEDNESDAY                              | THURSDAY                           | FRIDAY                              |
|---|--------------------------------|--|--|------------------------------------|-------------------------------------|
| <b>MAIN COURSE</b>                          | Pork Meatballs in Tomato Sauce | Very, Very, Mild Chilli (Hotter for Secondary) | Macaroni Cheese with Ham               | Roast Turkey                       | Battered Pollock                    |
| <b>VEGETARIAN COURSE</b>                    | Tortellini in Tomato Sauce     | Bean Casserole                                 | Macaroni Cheese                        | Courgette Bake                     | Cheese Omelette                     |
| <b>VEGETABLES</b>                           | Penne Pasta<br>Sweetcorn       | Rice<br>Green Salad                            | Peas                                   | Roast Potatoes<br>Peas and Carrots | Chips<br>Baked Beans or Green Salad |
| <b>DESSERT</b>                              | Apple Crumble and Custard      | Chocolate Sponge and Chocolate Sauce           | Fruit Salad in Natural Juice or Yogurt | Lemon Sponge and Custard           | Fruit, Yogurt and Granola           |
| <b>YOGHURT AND FRESH FRUIT SERVED DAILY</b> |                                |  |  |                                    |                                     |

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## EUROPEAN & EUROPA SCHOOL MENU SPRING TERM 2017

| MENU 3                                      | MONDAY                       | TUESDAY   | WEDNESDAY                                 | THURSDAY                              | FRIDAY  |
|---|------------------------------|---|---|---------------------------------------|---|
| <b>MAIN COURSE</b>                          | Bolognese                    | Ham Pizza or<br>*Chicken Wraps<br>*Europa Yrs 5 & 6 &<br>Secondary only | Chicken Korma                             | Roast Pork                            | Sausage   |
| <b>VEGETARIAN COURSE</b>                    | Quorn Bolognese              | Vegetarian Pizza  | Vegetable Korma                           | Vegetable Casserole                   | Vegetarian Sausage                              |
| <b>VEGETABLES</b>                           | Spaghetti<br>Peas            | Cucumber, Sweetcorn<br>and Grated Carrot                                | Rice<br>Naan Bread                        | Roast Potatoes<br>Peas and<br>Carrots | Sauté Potatoes<br>Baked Beans or<br>Green Salad |
| <b>DESSERT</b>                              | Apple Crumble and<br>Custard | Syrup Sponge and<br>Custard   | Fruit Salad in Natural<br>Juice or Yogurt | Eve's Pudding and<br>Custard          | Fruit Jelly or Flapjack                         |
| <b>YOGHURT AND FRESH FRUIT SERVED DAILY</b> |                              |   |   |                                       |   |

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